

The Life Paper



Purpose

This paper is a thoughtful reflection on your journey so far, what this troop has given you, and how you intend to carry that forward as a Life Scout on the path to Eagle.

Length & Format

- 2 to 3 pages, typed
- Write in your own voice. Do not use a chatbot to write this for you. This is about you, by you.

What Your Paper Should Explore

Rather than answering a list of questions, explore the ideas below in a way that feels natural and connected. Tell real stories. Reflect on moments that mattered. Speak openly about growth, struggle, learning, and responsibility.

Your Journey in Scouting

Focus on real experiences from your time in the troop. Share specific moments—trips, campouts, hikes, leadership challenges, or tough days—that shaped you. Where did you begin, and where are you now? What tested you physically, mentally, or socially? What lessons stayed with you because you lived them? What have these experiences taught you about yourself, and how have they shaped the way you lead, take responsibility, or handle setbacks?

What This Troop Has Given You

Beyond outdoor skills, what values, habits, or ways of thinking have you gained? How have other Scouts, leaders, and shared experiences influenced the person you are becoming?

Looking Forward on the Path to Eagle

What does pursuing Eagle mean to you personally? What challenges do you expect between now and Eagle? What will it require of you in effort, discipline, and mindset?

Giving Back and Strengthening the Troop

As a senior Scout, you now help shape the troop. How can you contribute to making the troop stronger, better, and more supportive for others? How can you serve through the Leadership Corps. (LC), mentor younger Scouts, and uphold the troop's culture and values? What do you want this troop to be known for, and how can you help move it in that direction?

Carrying Scouting Forward

How will you carry what you have learned into school, family, work, and your community? What parts of the Scout Oath and Law matter most to you now, and how do you intend to live them in real life?

Expectations

There are no required phrases, keywords, or topics to “check off.” This paper should sound like you, not like something written to complete a requirement. Take your time. The value is in the thinking, not the writing.

Submission

Submit your Life Paper to the Scoutmaster before your Life Board of Review. Be prepared to discuss your reflections during the review.